



The Spa Village Kuala Lumpur is an oasis of regeneration and beauty in the midst of the bustling city of Kuala Lumpur. Here East meets West; new meets old, delivering a unique healing culture.

This unique retreat offers a mix of the world's most sophisticated therapies integrated with the healing practices of the region. Paying tribute to the cultural diversity and rich healing heritage of the area, this most stylish of spas blends ancient practices with modern, using natural local ingredients to provide a blissful relaxation and recovery opportunity.

Therapies range across a spectrum of treatments, from the most traditional of Malay, through to the Sensory Room, the only one of its kind in Asia, which will provide a combination of sensory sensations designed to soothe and heighten awareness.

In this age of technology, stress and hyper-competition, Spa Village Kuala Lumpur provides a uniquely secluded urban environment to rejuvenate, relax and take pleasure.

Couples Spa Experience

TRADE WINDS

East meets West in this popular experience. Together you will begin this treatment with an indigenous body scrub to exfoliate the skin. Gentlemen will begin their experience with the Terra Timur, while the ladies will experience the Papaya Gentle Body Scrub. This will be followed by the classic deluxe Swedish Massage and European Facial.

TRADITIONAL ROYAL MALAY TREATMENT

The Malay people have a long and honoured tradition of healing therapies. Special focus is given to the particular needs of men and women. Massages for men are meant to improve valour and virility. For women the treatments enhance beauty and improve fertility. In this couples spa experience, gentlemen will be treated like the Malay warrior, Hang Tuah, while the women will be treated like the much loved princess, Tun Teja.

A Malay family who cherishes their heritage and prepares the herbs and oils has graciously shared this treatment. We invite you to enjoy it together.

Hang Tuah begins with a men's traditional Malay facial and body massage, followed by a body scrub. This massage enhances male virility. The women begin Tun Teja with a body massage and beauty scrub. Together they will then relax in a herbal bath in their private garden to restore energy and relax the body.

One of the most interesting aspects of this Malay therapy is the use of scented body steaming. Following the bath, both men and women will be rubbed with specially blended oils and receive a body steaming. This steaming is said to delay the process of aging.

Upon finishing, the couple will sip specially concocted herbal teas while viewing the garden. Truly you will have received the royal treatment.





NUSANTARA TREATMENT (TRADITIONAL SOUTHEAST ASIA)

Using the historic reference of the herbs and plants of this region, these signature treatments have been developed specifically for Spa Village Kuala Lumpur. In the Nusantara Treatment, you will experience the finest herbs of Southeast Asia.

We have selected the Gandapura treatment for him and Rose Therapy for her. The Gandapura treatment is designed to enhance male sensuality. Rose Therapy is for overall beautification and femininity.

Gandapura (Gentlemen)

The gentleman's experience begins with a rejuvenating hair treatment and papaya (carica) body masque to exfoliate the skin. Relaxing in the steam room allows the oils to be absorbed into the hair and body. This is followed by a luxurious bath and concludes with a full body massage.

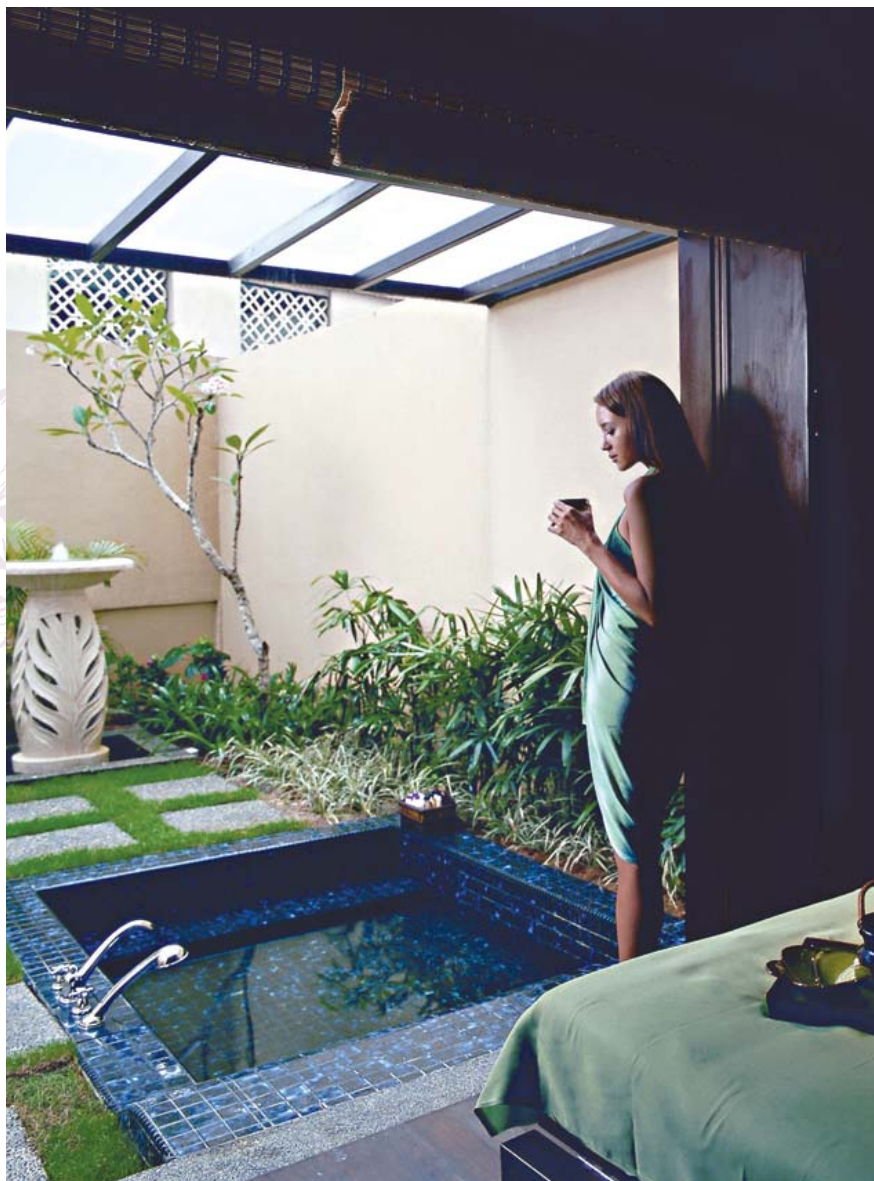
Rose Therapy (Ladies)

This therapy begins with a hair treatment of rose and lavender. A rose petal body masque is applied and left on while relaxing in the steam room. This is followed by a milk bath with roses and concludes with a full body massage.

CHINESE PERANAKAN TREATMENT

This treatment is a tribute to the unique culture derived from the marriage of Malay and Chinese. It begins with a Milk Nectar Meditation to calm the nerves, followed by a Pearl and Rice facial. The facial includes the Traditional Egg Undulation and Mulberry Leaf Eye Treatment.

A Moxa Naval Activation to improve metabolism, ease digestion and jetlag, precedes the Rattan Tapping Qi-Gong. The treatment concludes with Tui-na An-mo massage.





Individual Spa Experience

Each package reflects the therapies and treatments of the individual ethnic healing traditions found in the region.

Trade Winds (East Meets West)

- Terra Timur Body Scrub (Gentlemen) or Papaya Gentle Body Scrub (Ladies) *
- Swedish Massage
- European Facial

Gandapura Therapy (Gentlemen)

- Rejuvenation Hair Treatment
- Terra Timur Body Masque
- Steam Therapy *
- Luxurious Bath
- Gandapura Body Massage

Chinese Peranakan Treatment

- Milk Nectar Meditation
- Pearl And Rice Facial
- Egg Undulation Face Treatment
- Mulberry Leaf Eye Clarity Treatment
- Moxa Navel Activation *
- Rattan Tapping Qi-Gong and Tui-na An-mo (Massage)
- Saffron Tea

Rose Therapy (Ladies)

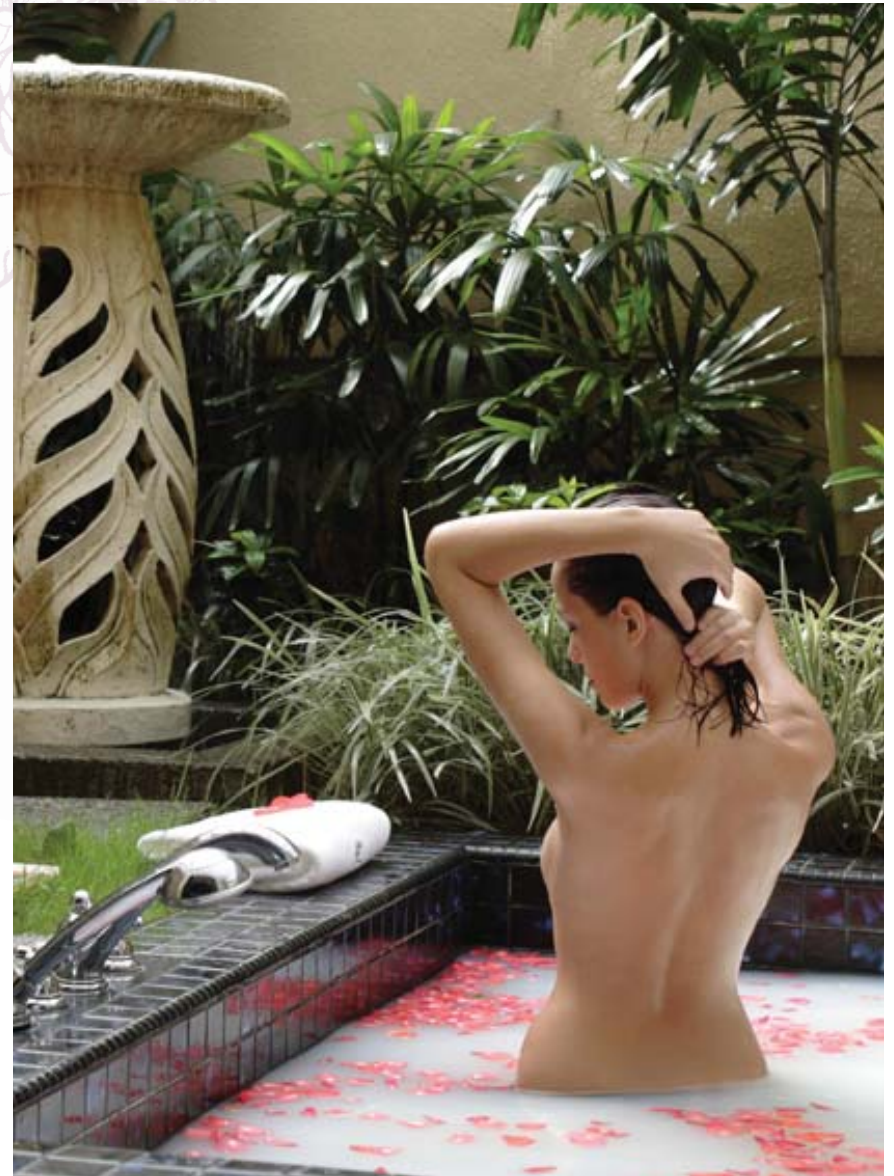
- Rose Hair Wrap
- Rose Petals Body Masque
- Steam Therapy *
- Rose Milk Bath

Hang Tuah (Gentlemen)

- Urutan Pasak Bumi (Gentlemen's Traditional Warrior Massage)
- Lulur Julang Perkasa (Body Scrub)
- Siram Julang Seri (Royal Herbal Bath)
- Lumur Lumur Sakti (Herbal Oil Application)
- Ukup Wira Jati (Rejuvenating Body Steaming) *
- Santapan Pati Berahi (Herbal Tonic Drink)

Tun Teja (Ladies)

- Urutan Kebayan (Ladies Traditional Princess Massage)
- Lulur Cendana Cangi (Body Scrub)
- Siram Panca Cahaya (Royal Herbal Bath)
- Alin-Alin Puteri (Herbal Oil Application)
- Wap Cindai Berahi (Scented Body Steaming) *
- Santapan Junjung Puteri (Scented Roots Drink)





Ala Carte Experience

SENSORY EXPLORATION

Unlock your awareness during our Sensory Exploration experience.

Upon stepping into the Sensory Room, you will encounter sounds, sights, smells, tastes and textures that heighten your connection to the world around you and to your inner self. Up to six guests will be guided on an hour's Sensory Exploration that includes aromatherapy, tasting, vibration, ancient and natural sounds and sensory relaxation, as well as a scalp and foot massage.

Nail Care

AROMA MANI KUR

A healthy twist to a regular manicure. This deluxe treatment incorporates a unique French gommage hand exfoliation treatment based on eleven nourishing plant oils, myrrh nail oil, a hand soak in thermal minerals and essential oils, and a massage based on ylang ylang, melissa and lavender essences. The treatment concludes with a polish application of your choice.

AROMA PEDI KUR

This pedicure helps to stimulate circulation as well as revitalise and re-mineralise tired feet. It uses the purifying and re-mineralising Moor Mud to soften hard skin and the therapeutic Fub Balm to refresh. The treatment concludes with a polish application of your choice.

Hair Care

Alan Chan is the phenomenal stylist who leads the team at Spa Village Salon. His superb capabilities have become widely known, and his work has been featured in London's Fashion Week. Alan's artistry combined with his exquisite product selection will provide you with a remarkable and rewarding experience. Alan's team of stylists are an indulgence not to be missed.

SHAMPOO AND BLOW/STYLE/CUT

SHAVING (FOR MEN ONLY)

COLOUR

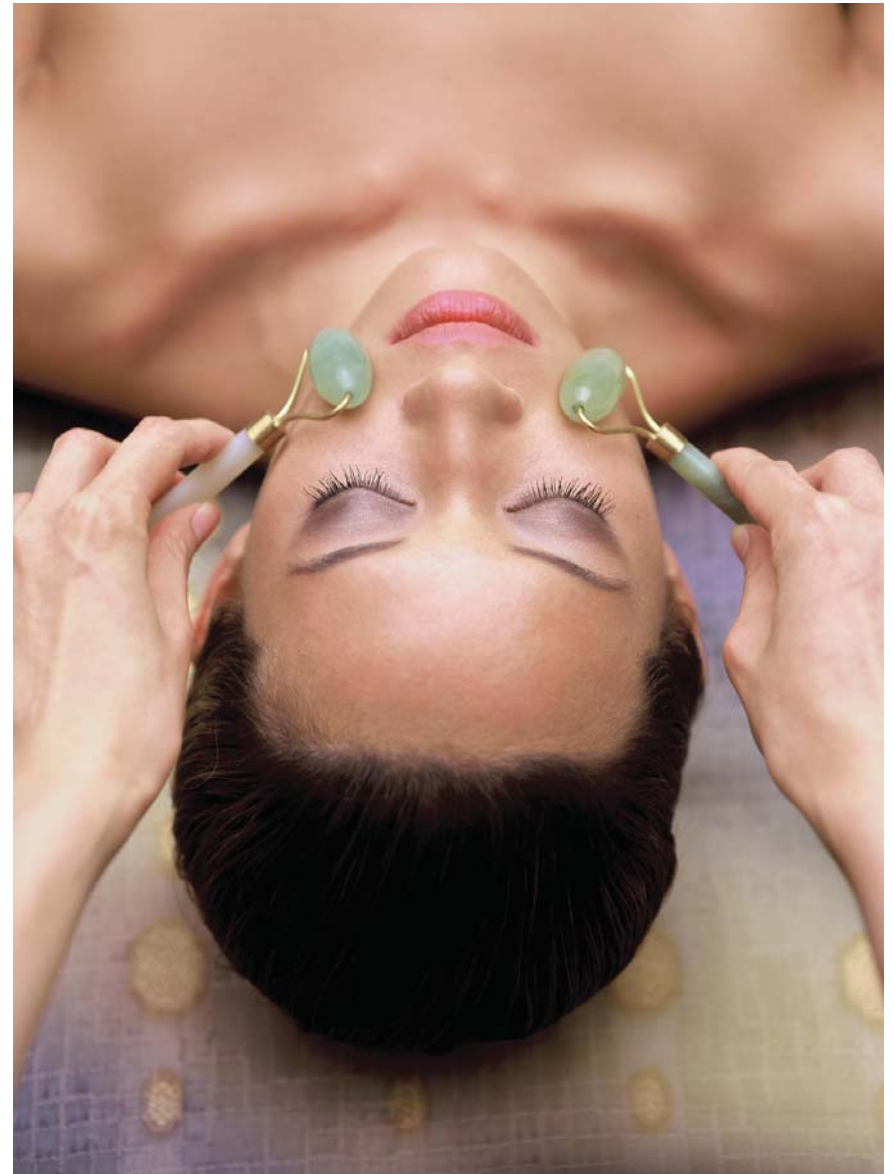
Regrowth, full head tint, tinting, highlighting and bleaching.

KINK OR SLING

Permanent wave, alkaline lotion, digital perm and re-bonding.

REPLENISHING THERAPY

Hair moisturising, hair nourishing, scalp therapy, hair regain and colour regain.





Skin Care

Spa Village Kuala Lumpur has proudly selected the Kerstin Florian skin and body care line. The line combines scientific research in combination with pure, natural ingredients and the world's great healing traditions. Founded by Swedish born, Kerstin Florian, the company that bears her name is respected around the world.

ULTIMATE CAVIAR FACIAL

A luxurious Kerstin Florian facial that firms, tones, refines and deeply hydrates the skin with protein-rich caviar and powerful antioxidants. The ultimate in anti-aging treatment, results are immediate, creating healthy luminescent skin.

REHYDRATING CAVIAR FACIAL

A deeply hydrating Kerstin Florian facial to nourish and tone the skin. This facial imparts complete vitality and relaxation and suits the most sensitive skin type. The use of couperose ampoules in this treatment is exceptionally soothing and calming.

EUROPEAN FACIAL

A deep cleansing and purifying Kerstin Florian treatment for all skin types. Includes a renewing peel customised to your specific needs to renew, a deep cleansing massage to promote circulation and a masque to balance and nourish the skin.

CAVIAR EYE AND LIP CARE

This truly effective eye and lip treatment firms and tones. It is deeply hydrating with protein rich caviar and powerful antioxidants.

WAXING

Professional facial and body waxing is offered for both men and women. Depilatory services include bikini, half leg, full leg, underarm, back, brow and lip. Advance reservation of at least 15 minutes is required.

TRIM CELLULITE *

This Kerstin Florian programme works to improve the lymph flow and rid the body of excess fat. The warm spirulina wrap and seaweed bath aids to reduce water retention. These are followed by a deep tissue massage with the essential oil blends of juniper, lavender, grapefruit and a firming serum to facilitate the trimming of cellulite.

TERRA TIMUR BODY SCRUB *

This Eastern body scrub customised for men features a mixture of red clay, ground soy, rice and papaya. It will exfoliate, smooth and refine the texture of the skin.

PAPAYA GENTLE BODY SCRUB *

In this natural scrub, used by women in the Far East for some two centuries, we combine healing and skin softening papaya enzymes with gentle calamansi (citrus microcarpa) to lighten the skin.

CAMPUR-CAMPUR *

The name Campur-Campur means a blending of varieties in Malay. Combining the best techniques of Malay and Thai massage, this exclusive signature creation of Spa Village uses touch, tone and aromatherapy to give you a unique and memorable experience. The scent of lemon grass and pandan leaves fills the air as steamed herbs are pressed along the body using a traditional steam pouch.



Massage Therapy

SWEDISH

This classic Western oil massage works predominantly with the muscles, soft tissues, and joints, utilising long, rhythmic strokes. Please request light, medium or deep pressure.

AROMA

The powerful effects of aroma on the body and mind, combined with a technique designed to elicit a feeling of profound relaxation, make this massage an ideal choice for anyone who wishes to reduce stress. To ensure quality and achieve the desired effects, we have produced our own blends of aromatherapy oils, with a choice of Relaxing, Purifying or Uplifting.

HOT STONE

Healing with stones is an ancient form of therapy used by various cultures throughout the ages. Massaging the body using smooth, heated river rocks and the long, rhythmic strokes of Swedish massage techniques, resulting in deep relaxation and melting away of tension and stress. Available as a 90-minute Supreme massage only. Reservation must be made at least half an hour prior to treatment.

LOMI-LOMI

This ancient Hawaiian massage is passed on from generation to generation. Recognised by its strong hula like movements, this is an experience that has been passed on to our therapists through the healing hands of our Hawaiian trainer.

MALAY

The art of traditional Malay massage is passed on from generation to generation. The technique consists of long kneading strokes that focus on the muscles and pressure applied to various points on the body. This treatment uses pure essential oils of ylang ylang, orange, clove, ginger and patchouli.

TUI-NA AN-MO

One of the major differences between Chinese massage and other techniques of massage is the emphasis on the acu-points and directional flow of the subtle channels in the body. Tui-na massage is more than a system of relaxation and tension release. Although attention is also placed on the tendo-muscular system, the focus on subtle channels allows one to influence the organs on a deeper level and treat complex complaints.

THAI

It is described as 'Yoga Massage' for its stretching and bending movements. This is ideal for anyone who desires increased energy flow and flexibility. A t-shirt and loose cotton pants are provided.

BALINESE

This massage combines a historical reference from many cultures, which form the foundation of Balinese traditions. Thus, the ritual utilises techniques that vary in tempos of acupressure, rolling motions, long strokes and percussion, which provide an invigorating and energising experience for the body.

Add On

STEAM BATH, REST AND RELAX *

Enjoy a Steam Bath prior to or after any of the spa treatments.

AROMA BATH *

Complement to any spa treatment. Select either Uplifting, Relaxing, Purifying oil or a detoxifying seaweed bath.

SIXTY/SIXTY

Any two sixty-minute treatments per person.

Spa Recommendations and Guidelines

Enjoy a full range of amenities when visiting the Spa Village Kuala Lumpur including a robe, slippers, private locker and vanity products.

Services that are listed with a *symbol are considered heat treatments and are not recommended for guests that have heart conditions, suffer heat sensitivity, or are pregnant.

In consideration of other guests we ask that all cellular phones and pagers be turned off while at the spa. The Spa Village Kuala Lumpur is a non-smoking facility.

OPERATION HOURS

Spa Facilities: 9.00am – 9.00pm
Spa Treatments: 9.00am – 8.00pm

RESERVATIONS

Advance reservations are recommended. If in-house, touch 4909 between 8.00am and 9.00pm. You may also call Spa Village Kuala Lumpur at The Ritz-Carlton, Kuala Lumpur (603) 2782 9090 or email spavillagekl@ytlhotels.com.my. Reservations may also be made through the YTL Travel Centre at travelcentre@ytlhotels.com.my.

CHECK-IN

Please check-in at the Spa Reception Desk 15 minutes prior to your first

appointment. We regret that late arrivals will not receive an extension of scheduled treatments.

FACILITY USAGE

All guests of The Ritz-Carlton, Kuala Lumpur enjoy complimentary use of the spa facilities with any 60-minute deluxe scheduled spa service. All prices are subject to change without prior notification.

AGE RECOMMENDED

The Spa Village Kuala Lumpur is appropriate for guests 16 years and above.

SPA BOUTIQUE

Be sure to visit our Spa Boutique for an array of spa products and spa-related merchandise.

CANCELLATION POLICY

As a courtesy to other guests and our therapists, please give us 4 hours notice if you must cancel or change any treatments. Without this notification you will be charged in full.

GRATUITIES

In appreciation of outstanding service, gratuities may be given at your discretion.

SPA VILLAGE KUALA LUMPUR

The Ritz-Carlton, Kuala Lumpur, 4th Floor
168 Jalan Imbi, 55100 Kuala Lumpur, Malaysia

Reservations:

TEL +60 3 2782 9090 FAX +60 3 2782 9099

EMAIL travelcentre@ytlhotels.com.my

WEBSITE www.spavillage.com





The Spa Village Kuala Lumpur Ratecard

Spa Treatment Hours 9.00am – 9.00pm
(Last treatment starts at 8.00pm)

Contact Details Spa Village Kuala Lumpur
The Ritz-Carlton, Kuala Lumpur, 4th Floor
168, Jalan Imbi
55100 Kuala Lumpur, Malaysia

Telephone +60 3 2782 9090
Facsimile +60 3 2782 9099
Email travelcentre@ytlhotels.com.my
Website www.spavillage.com

Couples Spa Experience

SPA TREATMENTS	DURATION	RM
TRADE WINDS	3 hrs	1200
TRADITIONAL ROYAL MALAY TREATMENT	3 hrs	1200
NUSANTARA TREATMENT (TRADITIONAL SOUTHEAST ASIA)	3 hrs	1200
CHINESE PERANAKAN TREATMENT	3 hrs	1200

Individual Spa Experience

SPA TREATMENTS	DURATION	RM
TRADE WINDS (EAST MEETS WEST)	3 hrs	675
CHINESE PERANAKAN TREATMENT	3 hrs	675
GANDAPURA THERAPY (GENTLEMEN)	3 hrs	675
ROSE THERAPY (LADIES)	3 hrs	675
HANG TUAH (GENTLEMEN)	3 hrs	675
TUN TEJA (LADIES)	3 hrs	675

Ala Carte Experience

SPA TREATMENTS	DURATION	RM
SENSORY EXPLORATION		
– Groups Session <i>per person</i>	1 hr	150
– Private Session <i>per person</i>	1 hr	225
NAIL CARE		
Aroma Mani Kur	1 hr	225
Aroma Pedi Kur	1 hr	225
HAIR CARE		
Shampoo and Blow	NA fr	50
Shampoo and Style	NA fr	100
Shampoo and Cut	NA fr	95
Shaving (for men only)	NA fr	65
Colour	NA fr	200
Kink or Sling	NA fr	250
Replenishing Therapy	NA fr	95
SKIN CARE		
Ultimate Caviar Facial	90 mins	600
Rehydrating Caviar Facial	1 hr	450
European Facial	1 hr	225
Caviar Eye and Lip Care	1 hr	225
Waxing	NA fr	150

Trim Cellulite		
– Single Session	2 hrs	440
– Series of Ten		
2 hours each	20 hrs	3500

Terra Timur		
Body Scrub	1 hr	225

Papaya Gentle		
Body Scrub	1 hr	225

Campur-Campur	105 mins	390
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MASSAGE THERAPY

– Deluxe	1 hr	225
– Deluxe:		
Series of Ten		
1 hour each	10 hrs	1800
– Supreme	90 mins	335
– In-Room Deluxe	1 hr	275
– In-Room Supreme	90 mins	385

ADD ON

Steam Bath,		
Rest and Relax	10–25 mins	75

Aroma Bath	25 mins	100
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SIXTY/SIXTY

Any two sixty-		
minute treatments	2 hrs	380

All prices are subject to 10% Service Charge and 5% Government Tax. All prices are quoted in Ringgit Malaysia and subject to change without notice.