



SPA VILLAGE KUALA LUMPUR



SPA VILLAGE KUALA LUMPUR

is an oasis of regeneration and beauty in the midst of the bustling city of Kuala Lumpur. Here East meets West; new meets old, delivering a unique healing culture.

This unique retreat offers a mix of the world's most sophisticated therapies integrated with the healing practices of the region. Paying tribute to the cultural diversity and rich healing heritage of the area, this most stylish of spas blends ancient practices with modern, using natural local ingredients to provide a blissful relaxation and recovery opportunity.

Therapies range across a spectrum of treatments, from the most traditional of Malay, through to the Sensory Sound Bath Room, the only one of its kind in Asia, which will provide a combination of sensory sensations designed to soothe and heighten awareness.

In this age of technology, stress and hyper-competition, Spa Village Kuala Lumpur provides a uniquely secluded urban environment to rejuvenate, relax and take pleasure.



SPA VILLAGE EXPERIENCES

SENSORY SOUND BATH

Transport your body and mind to a state of perfect inner harmony with this one-of-a-kind combination of traditional healing practices. As your body is lulled by relaxing vibrations emanating through the specially-designed floor, the therapy begins with a full body, deep tissue massage inspired by Thai and Tui Na techniques. Your back is given extra attention, using warmed stones, essential oil-infused compresses and a rhythmical massage. An Indian head massage focuses on the marma points. The entire experience comes to an extraordinary closure with a 10-minute "Sound Bath", enveloping the body with the frequencies of our Symphonic Gong, harmonising the subtle energy and nerve paths, and leaving you feeling relaxed and rejuvenated.

MALAY FOOT STEAMING

The foot is the second heart of the body, and proper care leads to our overall well-being. Our foot steam therapy combines the best of a foot massage with a Malay herbal foot steaming and ends with a neck and shoulder massage. Conducted by the poolside treatment area, relax as each foot is massaged to loosen any knots, after which the feet are rested in a special herbal steam pot. Steam made from a blend of dried herbs and spices, including pandan, lemongrass, kaffir lime, cinnamon, clove and basil, circulates the feet to reduce tendon and ligament inflammation and water retention. While the feet get pampered, sit back and enjoy your neck and shoulder massage to further encourage you into deep relaxation.



COUPLE'S SPA EXPERIENCES

TRADE WINDS

East meets West in this popular experience. Together you will begin this treatment with an indigenous body scrub to exfoliate the skin. Gentlemen will begin their experience with the Terra Timur Body Scrub, while the ladies will experience the Papaya Gentle Body Scrub. This will be followed by the classic Swedish Massage and European Facial.

TRADITIONAL ROYAL MALAY TREATMENT

The Malay people have a long and honoured tradition of healing therapies. Special focus is given to the particular needs of men and women. Massages for men are meant to improve valour and virility. For women the treatments enhance beauty and improve fertility. In this couple's spa experience, gentlemen will be treated like the Malay warrior, Hang Tuah, while the women will be treated like the much loved princess, Tun Teja.

A Malay family who cherishes their heritage and prepares the herbs and oils has graciously shared this treatment. We invite you to enjoy it together.

Hang Tuah begins with a men's traditional Malay facial and body massage, followed by a body scrub. This massage enhances male virility. The women begin Tun Teja with a body massage and body scrub. Together they will then relax in a herbal bath to restore energy and relax the body.

One of the most interesting aspects of this Malay therapy is the use of scented body steaming. Following the bath, both men and women will be rubbed with specially blended oils and receive a body steaming. This steaming is said to delay the process of aging.

Upon finishing, the couple will sip Malay herbal tea complemented with a specially concocted traditional Malay paste. Truly you will have received the royal treatment.



NUSANTARA TREATMENT

Using the historic reference of the herbs and plants of this region, these signature treatments have been developed specifically for Spa Village Kuala Lumpur. In the Nusantara Treatment, you will experience the finest herbs of Southeast Asia.

We have selected the Gandapura treatment for him and Rose Therapy for her. The Gandapura treatment is designed to enhance male sensuality. Rose Therapy is for overall beautification and femininity.

GANDAPURA (GENTLEMEN)

The gentlemen's experience begins with a rejuvenating hair treatment and papaya (carica) body masque to exfoliate the skin. Relaxing in the steam room allows the oils to be absorbed into the hair and body. This is followed by a luxurious bath and concludes with a full body Swedish Massage.

ROSE THERAPY (LADIES)

This therapy begins with a hair treatment of rose and lavender. A rose petal body masque is applied and left on while relaxing in the steam room. This is followed by a milk bath with roses and concludes with a full body aromatherapy massage.

CHINESE PERANAKAN TREATMENT

This treatment is a tribute to the unique culture derived from the marriage of Malay and Chinese. It begins with a Milk Nectar Meditation to calm the nerves, followed by a Pearl and Rice facial. The facial includes the Traditional Egg Undulation and Mulberry Leaf Eye Treatment.

A Moxa Naval Activation to improve metabolism, ease digestion and jetlag, precedes the Rattan Tapping Qi-Gong. The treatment concludes with a custom oil massage utilising both Chinese acupressure and Malay massage.





INDIVIDUAL SPA EXPERIENCES

EACH PACKAGE REFLECTS THE THERAPIES AND TREATMENTS OF THE INDIVIDUAL ETHNIC HEALING TRADITIONS FOUND IN THE REGION.

TRADE WINDS

- Terra Timur Body Scrub (Gentlemen) or Papaya Gentle Body Scrub (Ladies) *
- Swedish Massage
- European Facial

CHINESE PERANAKAN TREATMENT

- Milk Nectar Meditation
- Pearl and Rice Facial
- Traditional Egg Undulation Face Treatment
- Mulberry Leaf Eye Clarity Treatment
- Moxa Navel Activation *
- Rattan Tapping Qi-Gong and Custom Oil Massage
- Ginger Tea

GANDAPURA THERAPY (GENTLEMEN)

- Rejuvenating Hair Treatment
- Terra Timur Body Masque
- Steam Therapy *
- Luxurious Bath
- Swedish Body Massage

ROSE THERAPY (LADIES)

- Rose Hair Wrap
- Rose Petals Body Masque
- Steam Therapy *
- Rose Milk Bath
- Aromatherapy Massage



HANG TUAH (GENTLEMEN)

- Urutan Pasak Bumi (Traditional Warrior Massage)
- Lunak Mayang (Scalp and Hair Conditioning Treatment)
- Lulur Julang Perkasa (Traditional Malay Facial & Body Scrub)
- Siram Julang Seri (Royal Herbal Bath)
- Lumur Lumur Sakti (Herbal Oil Application)
- Ukup Wira Jati (Rejuvenating Body Steaming) *
- Santapan Pati Berahi (Herbal Tonic Drink)

TUN TEJA (LADIES)

- Urutan Kebayan (Traditional Princess Massage)
- Lunak Mayang (Scalp and Hair Conditioning Treatment)
- Lulur Cendana Cangi (Traditional Malay Facial & Body Scrub)
- Siram Panca Cahaya (Royal Herbal Bath)
- Alin-Alin Puteri (Herbal Oil Application)
- Wap Cindai Berahi (Scented Body Steaming) *
- Santapan Junjung Puteri (Scented Roots Drink)





BODY TREATMENTS

EACH PACKAGE REFLECTS THE THERAPIES AND TREATMENTS OF THE INDIVIDUAL ETHNIC HEALING TRADITIONS FOUND IN THE REGION.

CAMPUR-CAMPUR

The name Campur-Campur means a blending of varieties in Malay. Combining the best techniques of Malay and Thai massage, this signature creation of Spa Village uses touch, tone and aromatherapy to give you a unique and memorable experience. The scent of lemongrass and pandan leaves fills the air as steamed herbs are pressed along the body using a traditional steam pouch.

AWET PERMAISURI (QUEEN'S ROYAL INDULGENCE)

Inspired by ancient royal remedies, this specially crafted therapy uses Tok Oil and long rhythmic strokes to alleviate muscle aches. Pressure is also applied to various points of the body to stimulate blood circulation and balance the flow of energy. A traditional scrub made from rice, turmeric, galangal and a firming masque of white clay, rice, turmeric and ginger to strengthen pectoral muscles and smoothen the skin. The bust is treated to a herbal firming cream made from a blend of fenugreek, nutmeg, lemongrass and aloe that provides your skin with a renewed sense of vitality. This experience ends with a relaxing head massage that will leave you in a state of complete bliss and relaxation.



A LA CARTE EXPERIENCES

NAIL CARE

Well-groomed and beautiful hands and feet are a necessity for everyone. Our natural manicure and pedicure include nail and cuticle conditioning, nail shaping, buffing and polishing.

HAIR CARE

Alan Chan is the resident stylist at Spa Village Salon. His unique style has become widely known, and his work has been featured in London's Fashion Week. Alan's artistry combined with his exquisite product selection will provide you with a remarkable and rewarding experience. Advance reservation is required.

SHAMPOO AND BLOW / STYLE / CUT

COLOUR

Regrowth, full head tint, tinting, highlighting and bleaching.

KINK OR SLING

Permanent wave, alkaline lotion, digital perm and re-bonding.

REPLENISHING THERAPY

Hair moisturising, hair nourishing, scalp therapy, hair regain and colour regain.



SKIN CARE

SPA VILLAGE KUALA LUMPUR FEATURES THE KERSTIN FLORIAN SKIN AND BODY CARE LINE. THE LINE COMBINES SCIENTIFIC RESEARCH IN COMBINATION WITH PURE, NATURAL INGREDIENTS AND THE WORLD'S GREAT HEALING TRADITIONS. FOUNDED BY SWEDISH BORN, KERSTIN FLORIAN, THE COMPANY THAT BEARS HER NAME IS RESPECTED AROUND THE WORLD.

ULTIMATE CAVIAR FACIAL

A luxurious Kerstin Florian facial that firms, tones, refines and deeply hydrates the skin with protein-rich caviar and powerful antioxidants. The ultimate in anti-aging treatment, results are immediate, creating healthy luminescent skin.

REHYDRATING CAVIAR FACIAL

A deeply hydrating Kerstin Florian facial to nourish and tone the skin. This facial imparts complete vitality and relaxation and suits the most sensitive skin type. The use of couperose ampoules in this treatment is exceptionally soothing and calming.

EUROPEAN FACIAL

A deep cleansing and purifying Kerstin Florian treatment for all skin types. Includes a renewing peel customised to your specific needs to renew, a deep cleansing massage to promote circulation and a masque to balance and nourish the skin.



MASSAGE THERAPY

SWEDISH

This classic European oil massage works predominantly with the muscles, soft tissues, and joints, utilising long, rhythmic strokes. Please request light, medium or deep pressure.

AROMA

The powerful effects of aroma on the body and mind, combined with a technique designed to elicit a feeling of profound relaxation, make this massage an ideal choice for anyone who wishes to reduce stress. To ensure quality and achieve the desired effects, we have produced our own blends of aromatherapy oils, with a choice of Relaxing, Purifying or Uplifting.

LOMI-LOMI

This ancient Hawaiian massage is passed on from generation to generation. Recognised by its strong hula like movements, this is an experience that has been passed on to our therapists through the healing hands of our Hawaiian trainer.

MALAY

The art of traditional Malay massage is passed on from generation to generation. The technique consists of long kneading strokes that focus on the muscles and pressure applied to various points on the body. This treatment uses pure essential oils of ylang ylang, orange, clove, ginger and patchouli.

BALINESE

This massage combines a historical reference from many cultures, which form the foundation of Balinese traditions. Thus, the ritual utilises techniques that vary in tempos of acupressure, rolling motions, long strokes and percussion, which provide an invigorating and energising experience for the body.



SPA VILLAGE BIRTHDAY AND ANNIVERSARY PACKAGE

CELEBRATE SPECIAL OCCASIONS WITH YOUR LOVED ONES AT THE SPA VILLAGE

Package includes:

One-night stay for two in a Deluxe Room at The Ritz-Carlton, Kuala Lumpur

- Breakfast for two at The Cobalt Room
- Dinner for two at SHOOK! restaurant
- One exclusive Ritz-Carlton signature cake to celebrate the special occasion
- Ten 90-minute spa treatments of your choice

SPA VILLAGE GIFT CERTIFICATE

Spa Village gift certificate is a perfect gift for a loved one or a special occasion. The gift certificate can be purchased at Spa Village Kuala Lumpur and allows you to utilise in any of the Spa Villages. All Spa Village gift certificates are presented in a gift box. Spa Village can arrange delivery at no additional charge within Kuala Lumpur. Gift certificates are available in custom amounts of cash value in Malaysian Ringgit with a minimum purchase of MYR 300 nett. The certificates are valid for one year from the date of purchase and they are fully transferable.

Corporate or group purchase of a large amount of gift certificates is available at a special rate.

SPA VILLAGE EXPERIENCES

| SPA TREATMENT | DURATION | RATE |
|---------------------|-----------|--------------------------|
| Sensory Sound Bath | 1.5 hours | Single 450 Double 850 |
| Malay Foot Steaming | 1 hour | Single 250 Double 450 |

COUPLE'S SPA EXPERIENCES

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|--|---------|------|
| Trade Winds | 3 hours | 1750 |
| Traditional Royal Malay Treatment | 3 hours | 1750 |
| Nusantara Treatment (Traditional Southeast Asia) | 3 hours | 1750 |
| Gandapura (Gentlemen) | 3 hours | 1750 |
| Rose Therapy (Ladies) | 3 hours | 1750 |
| Chinese Peranakan Treatment | 3 hours | 1750 |

INDIVIDUAL SPA EXPERIENCES

| | | |
|-------------------------------|---------|-----|
| Trade Winds | 3 hours | 990 |
| Chinese Peranakan Treatment | 3 hours | 990 |
| Gandapura Therapy (Gentlemen) | 3 hours | 990 |
| Rose Therapy (Ladies) | 3 hours | 990 |
| Hang Tuah (Gentlemen) | 3 hours | 990 |
| Tun Teja (Ladies) | 3 hours | 990 |

BODY TREATMENTS

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|--|-----------|-----|
| Campur-Campur | 2 hours | 645 |
| Awet Permaisuri (Queen's Royal Indulgence) | 1.5 hours | 410 |

A LA CARTE EXPERIENCES

| SPA TREATMENTS | DURATION | RATE |
|------------------|----------|------|
| NAIL CARE | | |
| Manicure | 1 hour | 250 |
| Pedicure | 1 hour | 280 |

HAIR CARE

| | | |
|----------------------|---|----------|
| Shampoo and Blow | - | From 120 |
| Shampoo and Style | - | From 150 |
| Shampoo and Cut | - | From 195 |
| Colour | - | From 350 |
| Kink or Sling | - | From 400 |
| Replenishing Therapy | - | From 200 |

SKIN CARE

| | | |
|---------------------------|-----------|-----|
| Ultimate Caviar Facial | 1.5 hours | 650 |
| Rehydrating Caviar Facial | 1 hour | 500 |
| European Facial | 1 hour | 410 |

MASSAGE THERAPY

| | | |
|---------------------------|-------------|------|
| - Supreme: Series of Five | 5 x 90 mins | 1500 |
| - Supreme | 90 mins | 410 |
| - In-Room Supreme | 90 mins | 525 |

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| SPA VILLAGE BIRTHDAY AND ANNIVERSARY PACKAGE | 3000 |
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| SPA VILLAGE GIFT CERTIFICATE | From 300 |
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Prices are in Malaysian Ringgit (MYR), inclusive of 6% GST and subject to change without notice.

SPA RECOMMENDATIONS AND GUIDELINES

Enjoy a full range of amenities when visiting the Spa Village Kuala Lumpur including a robe, slippers, private locker and vanity products.

Services that are listed with a * symbol are considered heat treatments and are not recommended for guests that have heart conditions, suffer heat sensitivity, or are pregnant.

In consideration of other guests we ask that all cellular phones and pagers be turned off while at the spa. The Spa Village Kuala Lumpur is a non- smoking facility.

OPERATION HOURS

Spa Facilities: 10am – 10pm
Spa Treatments: 10am – 9pm

RESERVATIONS

Advance reservations are recommended. For in-house guests, touch 4909 on your room telephone between 10am and 10pm. You may also call Spa Village Kuala Lumpur at The Ritz-Carlton, Kuala Lumpur at +60 3 2782 9090 or email spavillagekl@ytlhotels.com.my. Reservations may also be made through the YTL Travel Centre at travelcentre@ytlhotels.com.

CHECK-IN

Please check-in at the Spa Reception Desk 15 minutes prior to your first appointment. We regret that late arrivals will not receive an extension of scheduled treatments.

FACILITY USAGE

All guests of The Ritz-Carlton, Kuala Lumpur enjoy complimentary use of the spa facilities with any 90-minute deluxe scheduled spa service. All prices are subject to change without prior notification.

AGE RECOMMENDED

The spa welcomes guests 16 years and above.

SPA BOUTIQUE

Be sure to visit our Spa Boutique for an array of spa products and spa-related merchandise.

CANCELLATION POLICY

As a courtesy to other guests and our therapists, please give us a 4-hour notice if you must cancel or change any treatments. Without this notification you will be charged in full.

GRATUITIES

In appreciation of outstanding service, gratuities may be given at your discretion.



SPA VILLAGE KUALA LUMPUR

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RESERVATIONS:

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